

10 Relaxing Resorts Where You Can Warm Up This Winter

January 16, 2015 by **Dara Continenza**, SmarterTravel Staff

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Biras Creek, Virgin Gorda, British Virgin Islands

Private verandahs dot Virgin Gorda's perfect gardens and lush hills at this extra-romantic BVI resort, situated on a protected lagoon. Fresh from a renovation in 2013, **Biras Creek's** amenities are top-notch, from the included water sports like snorkeling and paddleboarding to the dining (which is all-inclusive). A favorite of *Conde Nast Traveler* and *Travel + Leisure*, this resort is Caribbean luxury at its best.

Dream Treatment: The spa's signature treatment, the Island Cooler, offers an invigorating salt scrub with freshly picked island aloe followed by a rejuvenating, muscle-melting massage. For those seeking even more warmth, ayurvedic treatments with hot oils and herbs offer opportunities to rebalance and heal.